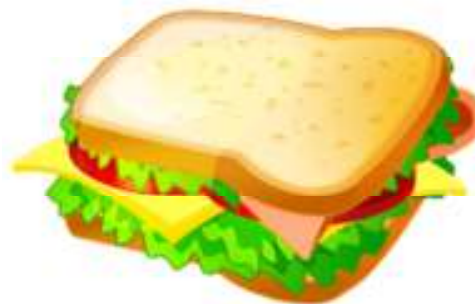




Vegetarian Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fresh Fruit Toast with Vegemite Milk	Fresh Fruit Porridge with honey Milk	Fresh Fruit Apple & Banana Bread Milk	Fresh Fruit Toast with Apricot Jam Milk	Fresh Fruit Fresh scones Milk
Lunch	Macaroni & Cheese with elbow pasta Water	Vegetarian Lasagna with garlic bread Water	Vegetarian Stir-fry with mixed veg and brown rice Water	Mixed lentils casserole with Cous Cous Water	Tomato and vegetable with pasta swirls and parmesan cheese Water
Dessert	Custard with mixed fruit	Rice Pudding	Mixed berry yoghurt	Lime Jelly	Peaches in Custard
Afternoon Tea	Fresh Fruit Cheese cubes with cracker and saltanas Milk	Fresh Fruit Rice cakes with cream cheese and cucumber sticks Milk	Fresh Fruit Mini vegetarian Pizzas, cheese and pineapple Milk	Fresh Fruit Cheese and Tomato pastry swirls Milk	Fresh Fruit Assorted Sandwiches Milk





Vegetarian Menu - Week 2

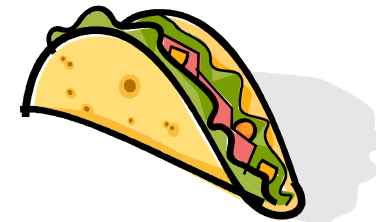
	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fresh Fruit Toast with strawberry Jam Milk	Fresh Fruit Banana Bread Milk	Fresh Fruit Sconnes Milk	Fresh Fruit Raisin Toast Milk	Fresh Fruit Porridge oats with honey Milk
Lunch	Cheesy Corn Pasta Water	Spaghetti Napolitano Water	Stir-fried vegetables with Hokien Noodles Water	Vegetarian Sheppard's Pie Water	Falafels with mash potato and corn cobs Water
Dessert	Custard and Mixed Fruit	Strawberry Jelly	Custard and Peaches	Rice Pudding	Vanilla Yoghurt
Afternoon Tea	Fresh Fruit Rice Cakes with Vegemite Milk	Fresh Fruit Cheese cubes and crackers Milk	Fresh Fruit Carrot Cake Milk	Dried Fruit Carrot, Celery and Cucumber with Dip & crackers Milk	Fresh Fruit Spring rolls with sweet and sour sauce Milk





Vegetarian Menu - Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fresh Fruit Melted Cheese on Toast Milk	Fresh Fruit Scones Milk	Fresh Fruit Banana Bread Milk	Fresh Fruit Porridge oats and honey Milk	Fresh Fruit Raisin Toast Milk
Lunch	Butter vegetables with steamed rice Water	Savory mixed vegetables with pasta Water	Vegetable Ravioli with white sauce and crusty garlic bread Water	Vegetable and rosemary casserole with Cous Cous Water	Mixed bean tacos with salad Water
Dessert	Yoghurt with mixed berries	Vanilla yoghurt	Vanilla Custard	Melon Wedges	Peaches in Custard
Afternoon Tea	Fresh Fruit Rice crackers with cream cheese Milk	Fresh Fruit Homemade veg sausage rolls with dipping sauce Milk	Fresh Fruit Curry puffs Milk	Fresh Fruit Cheese Cubes with crackers Milk	Fresh Fruit Vegetarian Spring rolls with sweet and sour sauce Milk





Vegetarian Menu - Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fresh Fruit Porridge oats with mixed berry syrup Milk	Fresh Fruit Rain Toast Milk	Fresh Fruit Scones Milk	Fresh Fruit Banana Bread Milk	Fresh Fruit Toast with cream cheese Milk
Lunch	Cheesy pasta with crusty garlic bread Water	Mixed bean with salad and salsa on pita bread Water	Stir fry with oyster sauce and brown rice Water	Falafel with Pasta and Napolitana Sauce Water	Lamb Korma with rice Water
Dessert	Vanilla Yoghurt	Peaches in Custard	Orange Jelly	Custard with mixed fruit	Mixed berry yoghurt
Afternoon Tea	Dried fruit Celery, cucumber and carrot sticks with hummus dip Milk	Fresh Fruit Current and saltana cookies Milk	Fresh Fruit Apple and cinnamon swirls Milk	Fresh Fruit Assorted Sandwiches Milk	Fresh Fruit Falafels with dipping sauce Milk

